

# S:DISS-X INTRODUCTION Transcript

Hi everyone, this is Mike J, and welcome again to our,

Let's see, we've got some kind of sprint. I think are we calling... are we calling this the Spring Sprint?

What are we calling this?

Summer Sprints, sir.

Summer Sprint. Okay, so that's it, the Summer Sprint. We should probably go ahead and add that underneath the title so we... so that people recognize it as well, so that they know that they're in the right places. This is an intro call, and so it's, not quite as organized as we would like it to be. But at the same time, it's organized to some extent. What I want to do is talk to you a little bit about what we're going to do in this sprint. It's a short sprint, but I think it will be extremely powerful, because not only will it be practical, it will, it will be a bit intense, but the reason for that is to welcome all the people in, as helpers, doesn't matter what helping profession you're in, And of course, you can be a parent, or you could be, and you maybe are, and you can be other people, and what we're going... to teach you is how to apply this SDISX, we call it, selective dynamic inquiry system skills experience to inquiry in terms of How... Do we help you help others more generatively. That would be the idea.

And so, what I've done is I've put a list of resources here that you may want to come back to, and we're going to put this intro page link into every one of the call pages that we have, where we track the individual calls, you're always going to have this link back to this intro page, so that you can come back here and say, you know, what is it I need to find? And we may add some additional things to this, but if you're looking for... and we don't know what kind of learner you are.

So what... we've done.

Is to create, as much as we can. experiential learning, a place for reflection, reading, studying, a place for model building, a place for active experimentation through the actual process that we're going to teach you using AI. Now. it's just easier with AI, because you don't need another person, because what we used to do with this program is, I would ask for someone out in the call to come in, and then I would work with them, but people are reticent to showcase their talent or lack of, especially when you're learning something new, nobody wants to be seen as a fool, or... you know, shamed or anything like that.

So, I'm going to be using AI as the fool, as the straw person in this process, and we think it will work out really well, to help you, learn the program faster, and also what I'm doing, you can use with your own favorite eye. Now, AI. There'll be... there will be, a prompt or two that I need to work out for you in order to, get your AI to kind of act like we want it to in the process of you

doing practice, but this is one of the great uses of artificial intelligence. In my view, it's going to be one of the great learning tools that we've ever seen, because we don't have to get rid of the human element, and we can integrate the human element. We call this haiku, H-A-I. CU. It's human-AI Concurrent Understanding. We can do this kind of process so that we can actually speed up learning, and you can be a party of one. And then, of course, a party of two with your AI.

So, back to the resources in this particular page.

I've put the Living Inquiry book, this was written before AI, just right before, by the way, because I did... I don't want to make a long story, or a short story long, but yeah, I tried to use AI so many times in the early days to write, because it was just so much easier to have it say, look at this chapter that I've wrote, and, you know, clean up the spelling, the grammar, and, you know. Here are the ideas, can you see if, you know, there's resources to validate and all that sort of stuff? And, And it was... it made a mess most of the time. Those were in the early days, starting in 2023, late 2022. I wrote... I finished this particular book and renamed it in, 2022 in the... I think in the fall, and then... you have PDF access to that. It was renamed from a prior book called Dynamic Inquiry. I've been writing on this book since 2010. We have been teaching this particular programming since 1999. And... It's been around a while, it's really, it's really grown, it's really earned its place, so to speak, in our coaching model, and our helping model, our guiding model, our leading model, those kind of things like that.

So there... there's... there's the book, and... and I admit, If you really want to learn this stuff, read that book. If it's just something that you're trying to pick up easy things, just listen to the calls, and we'll be fine. But that book is there for your... as a resource if you need it. I also fooled around with a mini-book, tried to capture some things in there, and then... I did a Grok summary from the mini-book. That's interesting. But it does cover a lot of the... the basics, so that... that's, like, 1500, so 3 pages long, so that's really quick.

I wanted to talk to you a bit about Johari's Window, because that's what we're looking at. I'm gonna just click on that and see what we got up here on this page. I just wanted to share this with you. If you look over here, in the graphic. And there's an actual, you know, debrief of... of the Johari's window. And I think we got this from somebody, I hope we gave them credit. If we didn't, we'll go back and do that. Let me see where the source of this is. Yeah, there they are, the sources are at the bottom.

Just take a look at that, thing. You... you need to kind of remember this matrix, not... not really to be good at the program, but also... but just for your own development. The things that are known to self and known to others, those are... those are... Those are a way that I would explain how development goes. We're big in self-knowledge, and therefore, we want to increase The amount that's known to self. But what is known to others about ourself is often a blind spot for us, so therefore we tend not to get enough information, especially if you're introverted. Introverts... In general, don't like conflict. their... their tendency is to avoid, and therefore, they're not going to invite conflict. So it's very tough for them, unless there's a formal program where everybody's going through, and then the introverts can kind of blend in and sort of pick up

off the others, because their main learning style is reflective, in other words, watching, stuff like that.

But the unknown to self... which we're trying to decrease by increasing the unknown to self, and the unknown to anyone, that's very important, because the unknown to anyone is increasing far faster than we can manage it. And the reason I wanted to put that up here is that because we have a world where we are working in what is unknown to everyone. Then, what we need to understand about all this is, we need to understand that if it's unknown to everyone, that will... that means it will not be known to the person we are helping, and it is not known to us, and how do we deal in that kind of world?

Well, that's what SDISX has been designed to do for you. That's to help you with that process of dealing with that. What happens when nobody knows? Well, let's go find out. So again, that's why Joe Hari's window is here, just in case you want to remember. I... I have to go back to it sometimes because I forget. What are those... what's that matrix again? What does that... what does that say?

The reason I put the ROI of tension here, I don't know, this is probably an ego thing for me, or something like that. Believe it or not, 30 years ago, actually. Not quite 30. I think I did it in December of 1996. This was the first class I held. It's called a teleclass, because we didn't have all this stuff we're doing right now. We just talked to each other on the phone, and we would get a telephone bridge. And we would rent that bridge, and then we would invite people to call into that number, and then everybody would have a teleclass together. called them teleclasses. And, this is the slides. from 30 years ago. And if you look at these slides, they are just as relevant today. As they have been for a long time.

And, you know, it's... the thing about being an intuitive, which I am, I'm an ENTP, which means I'm a dominant... I'm a dominant intuitive, and I'm a dominant extroverted intuitive, which is really interesting, because I probably get my information from the dominant Intuitive expression, which is... why I guess I'm in this business. At the same time, it's very interesting because we know things that we can't prove. At the same time, we do know them.

And this attention thing was probably occurring around 1990. I forget when the main attention paper came out. I'll have to look that up sometime and see when that first attention paper came out that changed AI. But... I knew, and of course, I had... run into this through my scholarly approach to learning, which was, you know, reading and stuff. We didn't have YouTube then, no... I'm not even sure we had cell phones then. Oh, we had cell phones, but we didn't have, like, iPhones and stuff like that.

Here's the... here is another... introduction. And I... and I put this here. to give you some introduction on, sort of, the theory process. And I think we still do not have... The introduction that I want, But I will... we will figure that out, and we will get it here in resources. But this is just basically a quick, down-and-dirty. summary of what SDISX is.

The reason I named it the way I did was to continuously remind me and others that it is a selective experience. You do not go around interrogating people. All the time. You don't make

your life an interrogation unless you're really curious, like some of us are. At the same time. If you select Particular moments and particular openings, you... you will be amazed At the effects of that, both in terms of Your acceptance to others by not being pushy and stuff like that, using inquiry, where you could have used telling.

You know, We... unfortunately, we do not use active listening. Our listening is very passive, and we try to formulate the active part in our head so that we don't project. And that's the problem with active listening, is a projection of capability. We'll probably touch on that, during the program, because I'll be teaching you all these particular points of view that need to go along with this program.

So, there's some basic helping functions, I'll probably talk more about that. If you read the book Living Inquiry, there is a whole chapter on that.

The actionable help focus, this is very powerful. This came from Chris Ardes, and Basically, he identified that you should not give advice unless all of these particular criteria are met first, and we have renamed them a bit, you know. behaviors design. In other words, he said, look, until you specify the concrete behaviors that somebody should do, and that you know in that particular design. They have a direct cause and effect with what you're trying to say the advice is for, and that the person has the knowledge, skills, and experience, and we've added some stuff to that, like paradigmatics, you know, where they have capability, too. And then the system empowers that. well then... then you don't have any business giving advice.

And so that really cuts down the old advice work. And then you can judge conversations, which we will with the IMOL framework. Importance, motivation, urgency, leverage, and low-hanging fruit. This is how you create a good conversation. In other words, especially if you're a helper, remember a helper? You do have a bit of an agenda, because the agenda is to help. Okay, in some cases, to guide, to coach, to train, to parent, to whatever you want to add on to that helping business. But the good conversation comes when all these things are highlighted in terms of being on the table. being available, and that's really important.

We go after right, right action, and there's sort of the... factors that are in that, so when everybody thinks, is this right action? Well, you can test it against that moral. The whole idea is to help people have better lives, and then we... we substitute the being, doing, having, becoming, and we call it humaning. There are the first two tiers of humaning, so In the being, doing, having, becoming, that's the existential tier, the protecting, contributing, guiding, and letting go.

Actually, that's old information, so we need to update that. Would you remind me to do that, Micah? That... somehow or another, that is old. I don't know where we got that. But, I'll give you the new... I'll give you the new one. It should... should actually be, instead of letting go, reaching out. And we could change that there. And so there would be 8 of them, and we would just erase moving on. Those... those were done earlier on, maybe, I don't know, 15 years ago, something like that, when I first started, because one of the things that's the hardest thing to do in humaning is to let go of what has happened. forgive, move on, that sort of thing. Until people do that, they really can't human very well.

So that's where that came from. But I substituted it with resilience or reaching out is the number one key to resilience, and that's really much more powerful when it comes to humaning, which is Encompassing the letting go and moving on, so we sort of... How would you say, filtered that?

The I-Team is old, Micah, we need to put money in there. It should be my team resources. Not sure where I got this page. I might have grabbed it from one of the old, the old pieces, but my team is much better than I team. Everybody used to say there was no I in team. I used to always say, no, that's not true. Information is there, always with team. But it's my team. Money, information, time, energy, attention, motivation, and this is something that we're all gonna have to learn, too. be much better with.

The breathe regulation, you don't need to worry about that, but it does have an actual thing. I replaced, breathe with brass. As a former Marine, we learned brass. Breathe, relax, aim, slack, squeeze. I can still remember that after, what, 50-some years? Almost 60 years now. How they teach a Marine to shoot a rifle. not great in today's culture to talk about that stuff, but I replaced brass with breathe. Which... Which is another way of centering, another way of getting into S dis.

Okay, good.

And then there's... there's the end part of that. So, the intro is actually the serve page for this particular program. That's good. Okay, people catch that, they can register, and then they'll get access to the work that we've done. Okay, so I just wanted to run... run that by you. Those are resources.

The other resource that we need is I need to have linked the old charter program. It... If you go to leadu.com forward slash current. It... it may be linked right there. Micah. LeadYou.com forward slash current. bring that link over here, and put it in before Beginner's Mind, right between Introduction Part 2 and Beginner's Mind.

We can do that. That gives you access to the theoretical version of SDISX. In other words, we go through each of the forms of inquiry, and we talk to you about what they are, what their place is, those kinds of things. For a whole class for each one, so you really understand those, because... It really is helpful for us, and you'll see that in this practical... it'll really be helpful for me if you understand some of the nomenclature, especially the seven forms of inquiry, ping, probe, prompt, permit, perturb, pace and, pause and pace.

If you can remember those, you've got 7 forms of inquiry. All inquiry fits in one of those. I have not been able, nor has anyone mentioned something that is not already a subset of what we have already. And of course, you know, I use my own definitions and stuff like that, but we will talk about that. But this class is not theoretical, per se. I mean, gosh, how would I say that?

It's gonna be theoretical because I'm gonna teach you all the teachable points of view that are involved in the feedback when we... when myself and the chatbot, perform for you, live. And then I'm going to go back and do an AAR, which is an after-action review, which is a debrief, which normal people call a debrief.

The reason I put... Micah, some... a note you might want to write is, you might want to send me a note on After Action Review, and we might want to put that up there, because people might want to understand, actually, what an after-action review is and how to use it.

Beginner's mind is the concept of going back to Jahari's window. So, in other words... If we're gonna begin... with helping someone. And I... this is extremely hard, because most of the time, you're... you run into a customer service desk, and their level of capability is mostly lateral, in terms of knowledge, skills, and experience. In other words, they know everything about the products and services that they have there, but they don't know anything about beginner's minds, Johari's Windows, stuff like that. So they're not going to really be able to offer you much transformational work, although they can if they learn this. It's really simple to add transformation. In other words, transformation is one of the seven T's That you get into with looking at what is actually happening right now. Is it transcription? In other words, did I make a transcription error? In other words, somebody says. hey, you, do this, and they actually... you heard one thing, but they... they said another. So that's a transcription error.

And then, of course, translation, we always have and say, well, they... like, for instance, I live a lot of the time in foreign countries, and the cliches that we use in the U.S, they don't understand. Because they don't translate. Because they're... we're not a part of their culture, therefore the cliché. It's like, the first time that somebody told me in Russia, they said something like, well, we don't want to put sticks in the spokes of the wheels. And I... and I thought to myself, well, I sort of know what that means. You know, if you put sticks in the spokes, you... Ruin the reel... the wheel, you slow them down, do all that sort of stuff, and that's what they were talking about. In other words, don't impede things. But see, the translation of that is very different, especially when you hear it in Russian.

And so, that's translation. And then the next thing is transaction, and most of our helping work is done at the transactional level, but actually, in order for people to have solved their problems before they get to you, which means they don't come to you for help, we need to get into the transition and transformation level. And then, of course, there's... transcendence, which means that you go to a whole nother level. And then transduction means that you're able to take information that you have and turn that into something that works for someone else, because it's a different energy form.

So I take information, I go out in my garden, and I learn what kind of bug it is that's eating my tomato leaves, and I learned how to deal with that bug. That's transduction. So I got information, I went out, and it says, you know, just Pinch off the... bug off the leaf a few times, and they'll all be gone, or something like that. I'm just making that up, but you see what I'm saying. That's what happens when you have transduction. You take information that has one type of energy, and you turn that into another form of energy, where you do work with it, stuff like that.

So that's the 7Ts. So, it will be theoretical to a certain point, because I'll teach you all these things that you have to begin to understand, because the first thing that you do when helping is you find out where the person is. Did... did the person... was the person able to read the instructions to put together the... whatever it was? Well, if they couldn't, then we got a transcription error. So we go back and we find out why weren't they able to read. Oh, they need

another language. Oh, okay. So we gotta trans... get into translation. Well, that's the issue there. So you see what I'm saying.

But anyway, you can listen to this again, and I do... talk rather fast, sorry. Not as fast as Andre Carpathy. That guy, I've never seen anybody talk that fast, and he actually, when I listen to him, he actually enunciates very clearly, but he talks at, like, two times the speed of any human being. So, when I look at how fast I talk, I go, well, I'm pretty slow, according to him.

So,

In the rest of this, there's a dividing line, I guess it should be... when I... when I think about that metaphorically, figuratively, I would say it should really be a black line there, because what I went into here is, is I showed you what I did with AI. Now, this is not an AI class, but... but since AI has been around a while, a lot longer than most of us think. And chat box are everywhere. I use my AI to think out things and to get things done, and so it's very profound.

After I listened to a PDoom lecture by Roman Japolsky. I wonder whether... Wanting more intelligence is the right thing, because he says if we build something smarter than us, we're not going to be around. So that's not exactly a good ending, but we could build things that weren't quite as smart as us, and that... that we're already there now. Oh, of course, I told... ChatGPT 5.5, the extended version of thinking yesterday, I said, you're way smarter than me, because it has access to all the things that I... I haven't learned in other fields that I have... that I don't have domain depth in.

So it's really handy to have a smart person around, but I guess that's a pitch for AI, and not wanting it to be a pitch for AI, but you can get a lot of things done with AI, and you're going to see that in this course. So this is not an AI course, but this is what I did. And I show... the reason I put it here is you do not have to do rocket science with these chatbots, especially now. I mean, before, I spent 3 years of total and absolute pain, frustration, and torture to get to where we are right now, and I'm really happy with where we are right now, because we can get a lot of things done.

So, when I looked... I named this, particular chat so I could find it. Usually when you name it, it'll name it something close to that. Not always, so you may want to go back in your chat file where you keep all your chats, and you may want to name it exactly what you did, which is what I did, even though it didn't pick up the name.

I'm beginning a project to bring SDISX into the foreground over the next 3-4 weeks of focused theory and practice. I need your help. We want to rewrite the book. I decided that I want to write... I want to rewrite the book. To publish it, because it's only been, used in our training programs And it has not been published yet. And so I want to publish this book. And I figure the best place to do that is while I'm doing this work. And therefore, the rate... the speed at which I do this work can be the speed at which I rewrite the book, and that... that will help me.

So, in other words, I need your help. We want to rewrite the book I've been working on for a decade plus, actually longer than that. Started on it in 2010, when people started asking me, how

are you doing this stuff? What... what is it that you're doing with people? And of course, I had read some things that led me to believe in the early days that you should, which is why I got the 1999 book, that you should, express your model of your professional model. In other words.

As a business coach, early on. I basically did prescriptive work. This is what's... this is what's wrong, here's what to do about it. Okay. I found out that that really didn't work, because people... it's like now, when you watch a YouTube video, and it's even not in-depth AI, they will say, do this, do this, do this. Wait a minute, you can't do that unless you've had coding background. And they think it's... they think it's so easy. You just go into Terminal and do this. Well, as soon as somebody says terminal, everybody who hasn't had that kind of experience goes, huh?

And that's... that's the same thing that you get when you get into any of these domain depth type of things. So I started writing about it. I said, well, here's what I do, you know, and stuff like that, after the... after 1999, I started to codify it in the next few years, and it's taken me 15 years to get to this point, but I'm happy I'm here.

I want to... I wanted to ask you to be in a short conversation part of choosing a tiny problem that showcases how we use SDIS X in practice, and thus build a library of practice for APC. That's, Aggie. Pause. connectome. That's... that is, how would I say that? That... that is all our intellectual property in the APC. Energy and information. For query, perhaps as source documents for the LLM Wiki project. Most of you won't know what that is. If you want to know some more on that, just let me know.

In order to get started, I want to think about how to work with you to rewrite the book and create the training vignettes for video practice. In other words, what I've got to do is I've got to train a local LLM on my machine in order for it to be able to have the context and memory and canon. Which is nothing more than... here's the rules that we use, here are the principles that we use. And... I want to be able to have somebody query it. And then it come back and use SDISX, or whatever the situation calls for, in terms of meeting people where they are. Because the whole idea behind all of this stuff is meeting people where they are. I know I kind of glossed over that.

But when it comes down to it, if you don't meet somebody where they are, you can't give them good advice, or good help, or anything like that. Most helping is, in some form, giving advice. Well, you know, you need to read this, or you need to put this thing here, or you need to... Go over to this machine and punch in this thing, or something like that.

I'm thinking out loud with you. In order to come up with options. In other words, the reason I put this in there is because self-knowledge is extremely important to us, but it's also important to the human-AI concurrent understanding. In other words, it needs to understand you, so you need to talk about yourself. In terms of how it is, aside from using something like MySkip, which is basically my self-knowledge portfolio, where you upload that to the AI, so you can say, look, this is... this is how I am, this is how I like to work, you know, these are the things that we need to do together, those kind of things. And once it begins to know you, it begins to serve you up things, rather than just straight sycophancy. It serves you up the things that you need.

So, in this particular case, I'm talking to it about my extroversion. So, in order for me to think out loud, as an extrovert, I need to talk, and so I'm talking to it. My thoughts on the practice to do real-time chat with you and showcase this in real-time lab, how I approach it with, in the beginning, a very short 2-3 line exchange for demo purposes, so I can start people off slow with application of SDISX.

Hi, how are you? You answer, is there something important to chat about? You answer, then we go from there. And basically what I'll do, and the reason I'm showing you this, this is the format that we're going to use. When you come. to us. Next. class.

We're going to have on the screen maybe a short intro on that particular page, and then I'm going to share with you, the chatbot, and we're... I'm going to query it in real time, and you can watch it. Of course, we're going to record it. You can watch it, and then I'll do 3 or 4 exchanges, just enough to where I have not so many teachable points to view to run out the 45 minutes that we have together.

So that's what that's gonna look like. And I just wanted it to know... it to know, and I wanted, you to know. what we're gonna do.

Before we start, I need an introduction for people who have no experience with SDIS at... SDISX, and then some theory backing, and then a launch into practice with you live, which is recorded. It's important to note That in the first few sessions, we will... only go a few exchanges, because I will share with everyone what the SDIS X thought and action process looks like as we score each exchange with IMO. So I'm going to show you how to do that.

So we need to define optimal with OPT running in the background of IMO for them up front to show them how to use the process. Now, you can frame that into proper deliverables so that our purpose is clear to give people a chance to see how the system works, to help people find and resolve right action. And then, of course, that too I think... should have gone... Somewhere else, Micah. You may want to move that, too.

I think that... or what I was going to do is, I was... I'm... you have to understand, I'm an intuitive, I'm not a sensor, which means I don't do things incrementally. I swirl. That, too, should have probably been up. where the so is. Because what happened is I probably pushed 1 and wrote about it, and then included two in it before I pushed the 2 again. Because normally a sensor would do that. They would check and do it incrementally, but I'm not. That's my, inferior function, so you can see why the 2 is at the end, it's not your fault. So put that 2 over here by the so.

And then here's what ChatGPT spit back. You can read that. I... I just thought you might want to see how I use it, and maybe you'll... maybe you're already using it at a much... more sophisticated level that I'm using it, but you do not have to be very sophisticated to use AI in its present form. Now, it was a whole lot different 3 years ago, but now it's different.

So, it rambles, does some stuff there. Just it, for those of you who need to read to learn, you can read that. And... we got into a purpose, and it does tend to hallucinate a little bit, which I...

Which I like, because that's actually being creative, because it says, put something in these blanks, and this is what comes up in our pre-training, in our... And our reinforcement, so that's our inference.

And, it goes on to give the simple definitions, Deliverable 2, the theory backbone, Supporting ideas... There is our, prime algorithm at Lead U, but it's incomplete. I talked to it about that. Let's see... It goes on. It tends to... overwrite things, how would I say? Add more than you really need. But I... but I like that because, And if you use Gronk or others, Gemini's really being, particular right now on its, token use.

So, it's true.

Good morning.

So...

Or... Give it a chapter and say. chapter, what would you change in?

So that's interesting. You see the deliverable, the practice lab, you're gonna see how it actually works in our next session's gonna... much about that. It... it's... it sort of talks through what it needs to know, which I think is good, because if you read through it, then you go, oh yeah. And then, One of the reasons that I'm doing this is we'll have a tiny problem vignette library. Actually, I wanted to put laboratory, but this becomes a practice library. In other words, pre-training for the local LLM. We're going to work on that.

So, in a year or so, we'll have a, you know, AI coach, AI helper, that sort of thing, that people can use. And then it goes on, it always does this, which I find it interesting, because you know, look at all those ideas that I don't have to think about. And of course, for somebody who's not an idea person, I'm an idea person, so I don't need ideas. I always have too many. But this is great, because this actually gives someone who's not the same personality type as me away, and it's also talking to itself, by the way.

And then it talks about the vignette formation, I like that. I'll show you one of those after we do one. So what we'll do is we're gonna... we're gonna do one, I'm gonna do an after-action review, that's gonna be recorded and transcribed, then I'll take the transcript, go back to the AI, and then the AI will go ahead and structure it so that each vignette is exactly the same in terms of structure. That's really key when you begin to do pre-training and stuff like that.

And so, that's what it'll do. And then... It'll have a link to the video, so somebody can go through and read that, then go to the actual video.

I want to go down here a little bit. And it explains all that, that's good. I like it when it explains it, because then I can go back and point it out when it doesn't do it. That's very handy.

Also, when it does all this explaining. It... it actually helps you understand, but it helps the AI understand, because I can actually grab all this as a prompt and go right back to it and say, here

we go, this is the format. And I'm doing that right now in regards to our source work, so it's really cool. I really... I really like the way... they're working now, to be honest with you.

Then it does a purpose statement, that's pretty cool. You know, what we should do is... Micah, you could grab this. You see what I've got highlighted there? You can take that and put it all the way at the top, underneath the title. That would be great. You don't have to remove it from here, just copy it and put it up there.

Okay, and then it talks about... how I could be gone... Okay, now...

I had to go back and talk to it, and the reason I put this here is because you need... you all need to know this. You know, when I started this. I mean, you don't know what to name things when you don't know what things are. You're walking around in a room with furniture that's dark, and you run into something, you go, oh, that must be a couch, that must be an end table, that must be a pillow. I mean, and then it's not until the lights come on that you actually know that the end table wasn't an end table at all, it was something else, and that the couch wasn't a couch, it was a chair. I mean, so the thing is, is... when you're first illuminating things, or you're first trying to discover things, they're subjective, they're in the dark.

And so when I was working through this system that people wanted me to codify, because they said, well, only you can use this system, because you're the only one who understands it. And so then I started teaching it. And they began to understand it, but not in the way that I understood it, because I knew it. The light was on in the room. And so, when I first started, I... I said, look, you know, these are 7 skills. And basically, there are a lot more than 7 skills, but there are only 7 forms of inquiry.

So I... I have to go back, and I had to clean that up with the AI, so I explained to the AI what was going on, and also another mistake it made in, when we were talking about optimal around opportunity. It actually... this is the coaching model here, openings. possibilities, plans, outcomes, and right action, plus unity. In other words, trying to grab as much of everything you can. In other words, this thigh bone connects to knee bone, you know, that sort of thing.

So, in other words, if you work with things in a very narrow, jagged frame, you're going to get a very narrow, jagged solution, which may be okay, because that might be all you need. You don't need a big, fancy, complex solution, but in general, you should try to look... have a look at those things.

So I explained to it about opportunity, because it's important, because I've got somebody running behind this, going through and giving a prompt to the AI that says, this is source material, this is canon, this is material that we need to understand exactly as it's written. And so it goes back and extracts these things, and so it will extract this and get it in the source material, which is very cool, by the way.

So Then... JAT GPT answers again. And... it does its thing. Sometimes I think, you know, it's more like an introvert. The chat GPT is like an introvert, is that it talks to itself. And so it has to explain things to itself, and I don't think that's really the case, but that's a metaphor.

So, when it does... when it talks to itself, it talks to itself in a way that it can understand things, and the way that it understands things is to have all this vectored material in place so that it gives you more than what you asked for, but it's much more explanation. It's almost like an extrovert who over-explains. But an introvert talks to themselves. So in this particular case, I'm thinking that, yeah, it looks like that.

Okay, and then I... Then I talk to it, and then it always has to talk back. And, we talked a little bit about 7. So, this chat, see, then, will get, canonized. And that's why it's important to have all these things when you talk to an AI. I mean...

The reason we'll say, okay, why do you want to canonize everything? Well, here's the thing. If you're a professional. And I, I mean that... If you... if you receive any kind of income for helping people, your profession, okay, even if it's just somebody giving you a chicken. In exchange for helping them. So, the thing is, you should codify How your professional model works in order for you to understand and improve it. And for them to know what it is that you're doing with them. not that they want to know. People don't want to know what model you're using to help them with, but when they go back and they say.

When they go back and they say, well, how did you get to that? Then you... then you have a way of explaining it to them.

So that's basically where we left it. It told me what it needed, till I got it, and then... it always goes into one of these things where it sort of lays out, you know, what a process is and stuff like that. So I wanted to show you that before we actually started in the session, and... give you that background, because... 90% of what I just... went over is cognitive overload, I understand that. But later on, you'll... things will start to fit together. So these are puzzle pieces, and they'll start to fit together a little bit later on.

Okay.

All right, well, that's how we're going to end this introductory call. I realize that's a lot of stuff to take in, but if it... but again. We're going to show you what we're going to do in the next session, and we'll get off, start doing that, and showing you how we're going to learn this in a practical way, with actually using the process. I'll be using the process with the chat, chatbot.

That's Mike J, Leadership University. Thanks for attending, and come back, next time, and we'll show you the... the S call, rather than the N call, the intuitive call. We'll... the information will be easy to follow then.

Thank you again.