

Summary of S:DISS-X Basic Practical Program Class 2

In Class 2 of the S:DISS-X Basics program, Mike Jay provides a guided tour of supporting materials while demonstrating practical application. He reviews the **After-Action Review (AAR)** process, which summarizes sessions, scores conversations using **IMoL** (Importance, Motivation, Urgency, Leverage, Low-hanging fruit), highlights teachable points of view (TPOVs), and offers improvement suggestions. This reinforces learning without requiring full transcript review.

Jay emphasizes that the program targets Levels 9–11 of Hierarchical Complexity (concrete to formal reasoning), common in organizational helping roles. He introduces an IMoL visual diagram to help learners internalize how to create good conversations leading to right action. The class stresses **selectivity**, **less is more**, and avoiding premature interpretation or leading.

Through a live ChatGPT example starting with “Anything important today?”, Jay models minimal cues. When the AI responds about keeping things simple, he uses “Simple?” as a probe (repeating tabled language) to stay in context. He corrects example responses that add interpretation (e.g., “a starting place”) and demonstrates how repeating the person’s exact words keeps tension with them, allowing revelation of their problem-solving approach.

Key teachings:

- **Notice the move** (what is said), **recognize the pattern**, and let **the form choose you**.
- Use pings when context is unclear; probes when context is tabled.
- Resist solving too soon, projecting, or shifting to performance.
- Listen differently — the person being helped reveals the next right form and opening.
- **Helping functions** (Cueing, Scaffolding, Support, Lift) and **Miteam** (resources) operate in the background.

Jay acknowledges the counterintuitive nature of the system and the cognitive load for beginners. He encourages using the reference card, AARs, and gradual practice. Mistakes by the AI (and learners) become teaching moments, showing how to stay close to exact language and avoid common pitfalls.

The session reinforces that S:DISS-X is experiential and developmental — focused on helping people find and solve the *right* problem at the right time with appropriate readiness, rather than forcing solutions. It equips helpers to create better conversations, reduce Amergenics (creating more problems), and support genuine progress through selective, restrained inquiry.

Class 2 builds directly on Class 1 by moving from concepts to live demonstration and correction, preparing learners for more practice in subsequent sessions.